

In order to support the development of the current and the next generation of Canadian athletes, and with a goal of more regular semicentralization of HP athletes, the Canadian Fencing Federation (CFF) is improving its High Performance (HP) development strategy,

with the implementation of new HP Programs in High Performance Training Centers (CEHP).

## **HP STRATEGY AND NEW PROGRAMS**

The CFF has chosen to implement **new HP programs in three geographic areas** where 80% of High Performance athletes train:

- In Québec with the The National Center of Montreal, at the INS
- In Ontario which brings together 4 HPTCs in the Toronto region (TFC, HHF, SWP, VGO)
- In the West with the HPTC of Dynamo Fencing Club.

The implementation of HP programs in these HPTCs will be led by **3 HP coordinators**, who will be responsible for coordinating with clubs in their region, planning, organizing weekly training and training camps, as well as communication with athletes attending HPTC.

- Julien Camus (INS Quebec)
- Paul Apsimon (HPTC Ontario)
- Igor Gantsevich (HPTC Dynamo Fencing Club)

## **OBJECTIVES**

The implementation of HP Programs within the identified CEHPs and the National Center, make it possible to reinforce the objectives of the HP strategy of the CFF:

- Development of the High Performance structure
- Improvement the athlete's Daily Training Environment
- Athlete assessment and development
- The alignment of the High Performance system between the CFF and the Provinces.

## HIGH PERFORMANCE TRAINING CENTER

These HPTCs and National Centre will be **training locations** where HPP athletes from all provinces will be able to participate in **weekly training** or **training camps**, will have access to **support services**, will be trained by High Performance coaches more regularly, and most importantly, they will be training in a **competitive environment with the best athletes in the country on a regular basis.** 

## HPTC'S SELECTION

**Seven clubs (DYN, TFC, HHF, VGO, BRE, SWP, OTT)** are recognized as High Performance Training Centers (HPTC) this year, based on the number of points acquired by:

- The HPP international results obtained by their athletes
- Selections of their athletes to national teams.

The CFF will continue to work on developing HPTCs and other high performance initiatives for athletes across the country because each year, new clubs will be able to acquire this HPTC status depending on the results achieved during the year.