

Canadian Fencing Federation Coach Development Model

Stream	Community	Instructional	Competitive		
	Community Initiation	Instructor—Beginner	Comp-Intro	Comp-Dev	Comp-HP
NCCP Context and Fencing name					
LTAD Stage(s)	FUNDamentals (6-9 y/o) Intro basic fencing skills, fundamental movement skills, Basic motor skills & develop hand-eye coordination No competition	Learn to Train (8-12 y/o) Develop/consolidate basic technical, tactical & advanced motor skills Local competition?	Train to Train (11 1/2-16 y/o) Consolidate/refine all skills, learn to manage nutrition, pre-comp routines, travel, recovery... Provincial/national level competitions	Train to Compete (15-23 y/o) Intro to HP, practice 5x/wk, S&C 2-3x/wk International competitions (NACs, Jr WC, Jr Pan-Am, JWCh, WC)	Train to Win (18 & up) International (WC, Pan-Ams, WCh, Olympics)
Participant armband level	Yellow	Yellow and Orange	Green and Blue	Red and Black	Black
Learning Facilitator minimum armband level	Orange	Green	Red	Black	Black
Coach Participant minimum armband level	Yellow	Orange	Blue	Red	Black
Coach participant Minimum Age	16	16	16	18	TBD
NCCP Trained status	<ul style="list-style-type: none"> ▪ CAC Safe Sport ▪ Background check ▪ First Aid ▪ Make Ethical Decisions Module ▪ Teaching and Learning Module ▪ Planning a Practice Module ▪ Fencing – Community Instructor Workshop <p style="text-align: center;">OR</p> <ul style="list-style-type: none"> Fencing Community Instructor – Part A (online) Workshop + Fencing Community Instructor – Part B (in-person) Workshop 	<ul style="list-style-type: none"> ▪ CAC Safe Sport ▪ Background check ▪ First Aid ▪ Make Ethical Decisions Module ▪ Teaching and Learning Module ▪ Planning a Practice Module ▪ Fundamental Movement Skills Module ▪ Fencing – Instructor Beginner Workshop 1 ▪ Fencing - Instructor Beginner Workshop 2 	<ul style="list-style-type: none"> ▪ CAC Safe Sport ▪ Background check ▪ First Aid ▪ Make Ethical Decisions Module ▪ Teaching and Learning Module ▪ Plan a Practice Module ▪ Basic Mental Skills ▪ Design a Basic Sport Program ▪ Nutrition ▪ Making Head Way in Sport ▪ Fencing – Competition Int Workshop 1 ▪ Fencing – Competition Int Workshop 2 	<ul style="list-style-type: none"> ▪ CAC Safe Sport ▪ Background check ▪ First Aid ▪ Make Ethical Decisions Module ▪ Managing Conflict ▪ Leading Drug-Free Sport ▪ Coaching and Leading Effectively ▪ Advanced Practice Planning ▪ Developing Athletic Abilities ▪ Prevention and Recovery ▪ Psychology of Performance ▪ Performance Planning ▪ Manage a Sport Program ▪ Making Headway ▪ Fencing Competition Development Workshop 1 and 2 ▪ Sport Specific Mentorship 	<ul style="list-style-type: none"> ▪ CAC Safe Sport ▪ Background check ▪ First Aid ▪ Completion of Comp-Dev ▪ Advanced coaching diploma (required) ▪ CSI Delivery ▪ Sport Specific Mentorship
Workshop Length	18 hours	36 hours	36 hours	36 hours + mentorship	Mentorship
Evaluation Requirements Requested through your PSO Can challenge evaluation	Portfolio: <ul style="list-style-type: none"> ▪ Practice Plan ▪ Emergency Action Plan ▪ Making Ethical Decisions Online Evaluation ▪ Practice and Group Lesson Video (60 minutes) 	Portfolio: <ul style="list-style-type: none"> ▪ Practice Plan ▪ Emergency Action Plan ▪ Make Ethical Decisions online evaluation ▪ Practice and group lesson video (60 minutes) ▪ Individual lesson video (15 minutes) 	Portfolio: <ul style="list-style-type: none"> ▪ Practice Plan ▪ Emergency Action Plan ▪ Season Plan ▪ Make Ethical Decisions online evaluation ▪ Practice and group lesson video (60 minutes) ▪ Individual lesson video (15-20 minutes) 	<ul style="list-style-type: none"> ▪ Practice Plan ▪ Emergency Action Plan ▪ Annual Plan ▪ Make Ethical Decisions online evaluation ▪ Managing Conflict online evaluation? ▪ Leading Drug-Free Sport online evaluation? ▪ Practice and group lesson video (60 minutes) ▪ Individual lesson (20-30 minutes) ▪ Observation in Competition (including briefing and debriefing with evaluator) ▪ Activity Report on Program Management 	<ul style="list-style-type: none"> ▪ CSI ▪ Sport Specific Mentorship ▪ Additional requirements TBD
Maintenance of Certification	10 points/5 years	10 points/5 years	20 points/5 years	30 points/5 years	To be determined

(Coach-candidates under the age of 18 can only achieve NCCP Trained status and may only assist a NCCP Certified coach above the age of 18)